TENA® Protective Underwear Size-Wise Charts

To select the size that will provide the best fit for wearer comfort and leakage security, measure the wearer's waist or hips (whichever is larger) and follow the chart. The size of the protective underwear is printed on the back.

You will generally find that women have larger hips while men have larger waists.





WEIGHT (Lbs.) 75 80 85 90 95 100 105 110 115 120 125 130 135 140 145 150 155 160 165 170 175 180 185 190 195 200 205 210 215 220 225 230 235 240 245 250 255 260 4'11' 5'0" HEIGHT (Feet' Inches") 5'2" õ 5'3" 8 5'4" 5'5" MEDIUM LARGE 73cm-20 5'6" XL 34"-44" 45"-58"/ 55"-67" 5'7" 14cm-147cm 140cm-170cm 86cm-112cm 5'8" JBcrh 5'9" 5'10' 5'11" 6'0" 6'1"

CLASSIC ABSORBENCY

Please note: this tool serves as a guideline only. In cases where sizing varies from the information presented on chart, please reference the methods indicated in the TENA® Procedure Manual.

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PLUS & EXTRA ABSORBENCY



Questions? Contact us: 1.866.722.6659 | info.usa@tena.com | www.tena.us

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